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Dolf de Roos, author of the New York Times bestseller *Real Estate Riches*

# SPEED MANIFESTING

7 Steps to Abundance NOW

Lori Mitchell

*SPEED*

Manifesting™

7 Steps to Abundance NOW

Lori L. Mitchell

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Gold Coast, Australia

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Personal stories in this book are true and some names have been changed to protect the privacy of the contributors.

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**Dedication**

**To my husband Gary**

Your constant support and loyalty have made this possible. You know that you are the love of my life.

**To my mother Kathleen Baird**

Your lifetime encouragement and unconditional love have allowed me to believe anything is possible.

## **FOREWORD BY SCOTT GROVES**

Author of Internationally Sold Book

*“The Power of Subconscious Goal Setting”*

You are reading these words for a reason.

I am not sure what those reasons are. Maybe you are looking for answers. Maybe you want more out of life. Maybe the title “SPEED Manifesting” grabbed your attention like it did mine.

Whatever your reason, you are going to enjoy this step by step process to SPEED Manifesting your dreams that Lori has given you here.

In the past 20 years, I have read over 1,000 books on the subject of personal development, business, psychology and just about every book you can think of that has to do with fulfilling ones potential. Lori’s book has something that almost no other book has...

SPEED Manifesting is a deeply personal look into the life of Lori and the Universal Laws she has discovered and applied. You will relate to the challenges Lori faced and learn from the principles she outlines to breakthrough to success.

Rarely does an author reveal themselves so openly. But Lori does so in a way that will connect with you – making you feel humbly human and simultaneously capable of great things.

SPEED Manifesting is a beautifully simple collection of orderly principles that anyone can apply to their life. All you need to do is play your part, let the Universe do its part and you will experience profound changes. These changes may be dreams and goals you have been thinking about for some time with little or no progress. Now, you can put the inertia behind you and free yourself to experience the rich fullness that life has to offer.

Lori has found the secret to rapid change – now it’s your turn. As you turn the pages in this book you will discover for yourself nuggets of wisdom that will help you and guide you throughout the rest of your life. Apply these principles, trust in the Universal Laws that govern the abundance that surrounds you and remember to share your gratitude with Lori for a book that I am glad was written.

It's not just time to manifest your dreams – it's time to do it with SPEED.

Think BIG! Act BOLD! Have FUN!

Scott Groves

Founder, Dream Maker Enterprises

[www.ScottGroves.com](http://www.ScottGroves.com)

“Life flows naturally in the  
direction of your choices.”

Lori

## INTRODUCTION

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Standing on the 14<sup>th</sup> Hole, they tried, one after another for that elusive ‘Hole-In-One’. It was crucially important to get it now, at this hole. The stakes were great. Getting that small white ball into a hole 160 meters away with one swing meant that a great gift would be theirs; a dream of many, to own a Porsche. That day I was working for the sponsor of that hole. As I sat behind them quietly watching, I was astounded as one by one, each would talk himself out of the riches. “I won’t get it” said one. Another, “I have been playing so well I will probably mess this one up.” “It’ll never happen, but I might as well give it a go.” And then, as their team mates tried, they repeated those defeating, impossibility comments, disguised as humor.

John was a fun, friendly man; grey haired, moustached with a twinkle in his eye. He didn’t say much, but appeared relaxed. He looked at his ball, looked at the green. Looked again at his ball and appeared to hesitate. His eyes were closed, momentarily. Then he opened them and took his full swing. We all held our breath as his ball sailed effortlessly, bounced and landed on the green less than a meter from the hole.

No one had gotten that close. What was different about his approach? When I congratulated him on his close call as he was awarded a prize for being the closest, he was very humble and yet he did not try to dismiss his efforts. When I asked him what he had done just before the swing, he said he was picturing the ball landing in or near the hole. He said he couldn’t quite get the flag out of the way, but he could clearly see the ball bouncing on the green right next to the hole. *Extraordinary.*

There was something happening with the other men and women, and it showed in their results. They were intentionally behaving in a self defeating way. They were business people at an event to increase their success and they had paid well for the event through their expensive networking club. Something was drastically wrong, yet incredibly similar about their approach to success.

On this day I realized that there was an undercurrent blocking immediate success for many people, and that the way around was a simple understanding about some basic laws in the Universe about success and prosperity. The desire to share this information was created within me on that day.

When I was growing up in Detroit there wasn't an excess of money around and my sister and I knew it. Although we were raised in a loving environment our single mother worked hard to support us and my father's child support checks didn't come often. When I was 12 my mother remarried a Canadian, and everything in my life changed. We moved to Toronto and for the first time in my life we always had food in the fridge, a lovely home to live in, and beautiful furnishings.

As I grew into a young woman I realized that I never wanted to go back to the old, scarce standard of living. I got a good education and worked diligently at my jobs in the computer industry with many opportunities available to anyone willing to work for it.

I met my future husband and moved to New Zealand to be with him. I got a well paying job and again worked my way up the career ladder. Back then our mindset was focused on being out of debt and we were careful with our money, paying extra off our mortgage whenever possible. We had two children and moved into a beautiful home with a view over the city. Our children lived in a privileged neighborhood and went to a local state school in a wealthy area. I used to say that we bought there because we liked the view and had bought the 'worst house on the best street'. Without knowing it I felt that I had to justify my wealth.

When my second child started school we realized only one of us could work, because he had a learning disability and needed extra support. So I quit my job and began a business part time from home. It didn't bring in much income, and our finances began to slip. Then it all got tighter, tighter and finally stopped. We had a two income mortgage on one income. My husband and I were both stressed, we were both arguing a lot and we eventually both went into depression.

Suddenly my Stepfather, who had been through cancer treatment the year before, was put into hospital. I lived in New Zealand and he was in Canada. I quickly booked an air ticket to Canada. At that time I discovered brutally that I almost didn't have enough *credit* available for one return air ticket. We had gotten to the end of our cash, and then we were at the end of our borrowing ability. Two hours before flight time I found myself negotiating with the bank manager for enough to cover that check. We got the extended loan, but to add insult to injury, I didn't even make it back in time to say goodbye to my Stepfather. It was during this highly charged emotional

time as I stayed with my mother in Canada that I started to review the reality of my financial situation.

I think the first thing that happens as you expand your awareness is that you begin to notice yourself doing things ‘wrong’. When I got home to New Zealand a month later I noticed words coming out of my mouth as if someone else was saying them. I noticed that I was telling my children ‘no, we can’t afford that’, ‘no we don’t have any money’, ‘no, we’re broke’, ‘no, no, no, you can’t have that’. My oldest son even needed braces for his teeth and I could not do anything about it. I suddenly realized I was back in my childhood and my children were missing out. This shocked me and I began to search for a way out of this living nightmare.

### **Turning Point #1 - Gratitude**

Then a friend intuitively gave me a book that was the catalyst for an immediate, deep and lasting change within me. It was a book by Catherine Ponder called *The Dynamic Laws of Prosperity*. I suddenly saw that I had been thinking and talking myself into poverty, being unappreciative and ungrateful to what we actually had been given and what wealth I had around me. I was living in fear and had very little faith in anything other than my own efforts.

As I read the book I began to understand the power of immediate manifestation. I began to pray. I had begged for help before, but I finally saw that because of my pride and the way I thought about wealth I was constantly saying ‘no thanks’ when it showed up. This time my prayer was a deep prayer of thankfulness. With certainty I thanked the Universe for showing me where I was going to get \$50 for groceries for our dinner that night. This was the state of our finances.

*Within 30 minutes* of saying that prayer, I wandered into our study and found myself facing our file cabinet, where we kept our bank account statements. It was *at that moment* that I suddenly realized that we had over \$1100 in our children’s savings accounts. I was filled with thankful tears as I realized my prayers had been answered. This was the turning point for me, and my life has never been the same since that precious understanding came to me.

If I had remembered about the bank accounts before my realization of accepting Universal help, I would have said “no, it’s wrong to take from my children’s accounts”; “no, that’s their future”. Based on our real financial situation, that could be considered stubborn *insanity*, and it would have been again refusing the abundance that was suddenly, magically being offered to me. So I took those accounts and began to use them for the urgent cash we needed to buy food for dinner.

I began to practice creating and accepting the abundance that flowed around me and to me: when I found a 5 cent coin on the ground I gratefully thanked the Universe as if I had just been given a

hundred dollar bill. When I unexpectedly received a small rebate in the mail I happily acknowledged the help being given to me. After this I stopped saying it was just a coincidence or just luck. Nothing was taken for granted.

Our wealth was locked away within the contents and equity of our house, and the immediate issue was to restart and increase our flow of cash. I began to have constant inspirations to create cash for us: I started selling my surplus books, clothes and equipment on eBay. It was amazing. Ten dollars, twenty dollars, more and more money began to be unlocked and flowed, and I was thankful throughout.

The next stage was to make a *decision* to unlock the money contained within our home – the equity we had accumulated over 10 years compared to the debt was actually quite healthy. But it was separated from us behind our mortgage. So we made a powerful decision to release our debt and reduce our stress. We could have made other choices – increased our income, gotten second jobs and arranged after school care. This was a personal choice, and for us, we had had enough of living ‘house poor’ while pretending to be keeping up.

For 10 years we had been dreaming of living in a warm place, and in the midst of this situation we made a *decision* to move to Australia. Things started to happen quickly, in perfect ways. Within a few months we had created a completely new life for ourselves living where we truly wanted. We bought a house freehold, even when real estate agents told us it was ‘impossible’ to get a house there for so little money. But we were focused on being financially free, and we did it; we found a lovely small villa within a resort complex. It was an instant community, and a fabulous way to start in a different country. Our children’s bank accounts are full again and thanks to the change from that moment on they share in the wealthy mindset and enjoy a much better life in a beautiful warm and fun place with their parents.

### **Turning Point #2 – SPEED**

As I began to practice some of these principles consistently over the next several years I noticed that sometimes things happened fast, and sometimes things seemed to come slowly. I started looking for the similarities when things happened *fast*. At that point I began to see the same process working itself out continually and I began to document and test that process with others.

Then finally, I watched the process happen so quickly and perfectly during a course I took with 100 people that I had a significant insight. We were all put into groups of seven or eight people and each group was required to manifest a specific outcome within about five hours. Along with six other people that I did not know, in an unfamiliar city 5000 miles from home, without any visible means of support we worked on it. I shared my 7 Step process with the others and together

we completed the internal (thinking) work, and then we got busy. We tried several different actions, some which worked and others which didn't. We followed the principles outlined here to you, and when we came back five hours later, we had accomplished our task; the only successful group. As we were acknowledged for our results and our group cheered, I turned to look at my group's table. The sight in front of me overwhelmed me with emotion. You see, together 5 hours earlier we had deliberately visually imagined that moment, and in front of me was like a déjà-vu, with the same people in the same places, clapping and cheering with their arms up in the air. I became in awe of a power that worked so obviously, so simply and so naturally, when we followed the process. I could so clearly see the workings of the Universal Laws, and I could see it as a duplicatable process. Now, when I hear stories about very fast manifestations I can see the consistent components.

We all live in a sea of abundance and yet some cannot seem to capture and use it. *SPEED Manifesting™* has been written for **you**. I know why you were given this information. I know why you have stayed through to here. This is your story, too. Turning your life around is simple; really, profoundly simple. As you read and absorb the material in this book your life will begin to change. Watch for the changes. They will appear as opportunities that you never thought would be offered to you. They will show up in other people and how they respond to you. Your new awareness of life and how it works will *shift your reality*.

To use the principles of *SPEED Manifesting™* powerfully, read carefully to find the clues to distinguish between manifesting and *SPEED Manifesting™*. Carefully hidden throughout this book is one magical key concept. Can you find it? It appears more than 50 times. Within the 7 Steps are the essential understandings and actions to manifest your desires. The *key* is not one of the 7 Steps, but it makes the change in the speed of manifesting possible. To get the most out of your time and this teaching, contemplate what this one key could be.

You will recognize your understanding and implementation of *SPEED Manifesting™* as your life responds quickly with more loving relationships, better health and vitality, a definite flow of money *to* you, a heightened appreciation of the beauty around you and your ability to be present in the moment. I wish that you receive the unlimited abundance that is waiting for you NOW, and has always been there waiting for you to accept. There is no mystery to creating the life of your dreams. It is simply a process, and when you understand that process, life flows naturally in the direction of your choices.

**Prosperous blessings to you**



Lori Lynn Mitchell

## SECTION I. ENERGY, BELIEFS AND WEALTH

"The way to powerfully use both *Beliefs* and *Universal Laws* is to know the difference.

Be willing to **challenge** your *Beliefs*, while **surrendering** to "The Way Life Works" - which is called *Universal Law*."

Lori

The Universe is made up of a perfect matrix of pure energy. Everything is energy. Matter and mass are composed of dense energy. The space in between matter is energy. This energy is an *intelligent energy* and can be affected by thoughts and emotions. Understanding of this energy comes through awareness of Natural Laws or Life Principles that become obvious once we begin to distinguish them as working behind everything we do.

### ***Beliefs or Universal Laws?***

No matter how many times you drop a pen on the floor, it will never, ever float upwards (unless you tie it to a balloon). No matter how much you *believe* it would float up, the Law is incontrovertible. That is what determines Gravity as a Physical Law of the Universe. It is not about right or wrong. Rather, consider it *useful* to know these Laws when, for instance, you need to walk in high places. They cannot be changed or broken, and you would only break yourself if you try to go against them.

In any sport the players must know the rules. If you are a spectator you can get by with only superficial knowledge. But in your own life, are you a spectator or a player?

Early in 1988 shortly after I arrived in New Zealand my husband was trying to explain the game of Cricket to me. The World Cup was on and Sir Richard Hadlee was the captain. I was an avid baseball fan in Toronto and had watched almost every game the Blue Jays played since they began in 1977. It seemed to me that cricket looked a lot like baseball. He explained about overs and bowls and innings and ducks. He told me about LBWs and sixes and even tea break. After a while, I was still confused and frustrated. I could not understand why they just kept running back and forth, never really getting anywhere. So I asked my husband what was the purpose of the game. He said “to win, of course.” “No,” I said, “I mean, what are they trying to do?” He said, “To get the most runs.” He didn’t understand why I couldn’t get the game. Even more frustrated, I stopped asking questions and just watched. After a while, I asked another question, “what are those three sticks behind the batter?” Incredulously he looked at me then explained about the “wicket”. After both of us had some hearty laughter I understood more. What I understood was that I should switch to Rugby, so I did.

In the game of life, most of us were not educated in the real rules. Instead, through trial and error you learned some hit and miss rules intended for spectators. The rule book somehow got lost a long time ago and ever since, our teachers were doing the best they could but they were missing many pages. Are you willing to continue living your life with only the spectator’s incomplete rule book, when you are a player? If you don’t volunteer, life *will* draft you. Unconscious living is the level of the spectator, and as your awareness grows you can choose to get into the game, your Game of Life. The Universal Laws are for the Players in Life.

*“If you don't  
volunteer, Life  
will draft you.”*

*Mark Vicente  
of “What the Bleep  
Do We Know?”*

## ***Belief Systems***

My first revelation of *Belief Systems* happened when I was 12 years old moving from Detroit to Toronto. Flying one hour east we crossed an *invisible* line called an international boundary, and everything changed. People spoke with a different accent and sometimes they used different words; “rubber band” became “elastic”, “tennis shoes” became “running shoes” and most sentences ended with “aye?” Strangers spoke to us in elevators, they made eye contact walking down the street, and even people we did not know smiled at us. Everyone was friendly. The place was clean and safe. It was odd that things could have changed so much and I thought about this from time to time as I grew up. Cultures may appear similar, but because of differences in their laws, their history and their perspectives they have different beliefs, different behaviours and different outer circumstances.

Once you know the difference between *Beliefs* and *Universal Laws* and how to use both to your greatest strength and abilities it will allow you to excel in life. As people generally walk through life they see the world through “rose coloured glasses”. Just as you can forget while wearing sunglasses that you have a filter coloring everything you see, you can also forget that you have

taken on beliefs over your lifetime from many different sources through environment and experiences.

### ***How We Form Beliefs***

When we are newly born we begin to perceive and construct a view of the world through our experiences. As we do, our belief system is built and this allows us to create an individual perspective to interact with and relate to our world.

A new baby lives in a world of no-belief. She is absolutely present, just being in the moment of wanting, needing, observing or just in total satisfaction and bliss. As she grows and learns about her physical body and the physical world around her she learns about cause and effect – action and reaction. Through this experience she learns about some of the *Universal Laws*. She uses her perception through her five senses and then **interprets** this from her growing life experiences.

After a period of experience and repetition, when cause and effect are replicated she creates a “First Thought” about something. This is how *Beliefs* are born. As she grows and gains more life experience this First Thought provides a useful tool for survival and building on what she has already learned. Each time she experiences more evidence to a particular cause and effect she interprets the evidence and has further thoughts layered on the First Thought.

This is the natural way of designing and developing the Mind for safety and collecting data, to be able to learn and grow in this physical world. The *interpretations* of this storage of consecutive, repetitive experiences of cause and effect are called “Beliefs”.

However, once she develops language and through interactions with others she begins to acquire the *interpretation of other people’s experiences*. She may be told or shown what others expect of her behaviour, or what they have already experienced and believe. This is taught to her so that she may use the experience and knowledge of others to hasten her learning time.

Beliefs cause problems when personal experience or observation is replaced by someone else’s previous beliefs (interpretations) and worldviews generation after generation. We are told to believe their ‘cause and effect experience’ because they experienced it and so it must be *true*. When we blindly follow others because, “that’s the way it’s been done before” we are not coming from our personal experiential beliefs around life. So we do not yet know our own personal Truth.

This attachment to a personal belief as Truth is righteousness. It becomes an oppressing disregard for Free Will when one says “you are wrong and I am right”. This is unconsciously saying “I do not live in the awareness of Free Will”.

There is another way. This is a three way perspective on your personal beliefs: there is **your** way, **my** way and **a way that works for both of us**. When you can say “in my experience I believe...” then you are expressing a positive approach to using the strength in your Beliefs.

### ***Changing Beliefs and Values***

When your personal beliefs and values are close to your family culture, ethnic culture or national culture you will be in agreement with those around you. When you question those views which came before you, then you have disagreements. The teenage years are the transition between what values you have accepted without question, into assimilating a blend of your parents’ or society’s previous values, with your own experience and needs, forging your own, new values and beliefs. You continue to build on these unconsciously more or less for the rest of your life.

In the book *Conversations with God* it is suggested that we *keep* our beliefs and values, because these make up the ‘structure of our life’ and the ‘fabric of our experience’ and it is not a good idea to ‘unravel the fabric of your experience’. “Examine them one by one” it is advised. “Review them piece by piece. Do not dismantle the house, but look at each brick, and replace those which appear broken, which no longer support the structure.”<sup>1</sup>

Once in a while we will have an experience or a new teaching which differs from our own beliefs and values, and we sometimes ‘shift’ our beliefs or values to a new understanding. This is what you feel as an ‘aha’ moment, an epiphany or sometimes even a crisis. Nothing is ever the same to you again because you have restructured a belief, which leads to a change in behaviour and therefore, results.

Many years ago I was perpetually late for everything. Every appointment, every commitment and even every morning to work was a struggle to be on time. Stress surrounded most of my life as I lived this way. I learned that planes don’t wait. I learned that no matter what your good reason or excuse was for being late, sometimes you missed out.

Then one night I was very late to pick up my husband after his long overtime shift. I was so late that he ended up walking 20 minutes in the darkness to the point where I caught up with him. He was always on time, even though he had previously accepted my way of being perpetually late. That night he was not happy at all but he didn’t say a thing when he got in the car. For me, the wakeup call was in his silence. At that moment I realised what it had been costing me to be late all

this time; the stress, my self-worth, and most especially, his feelings of trust for me. I loved the way he was always on time, and I wanted to be the same for him. He didn't *have* to say a thing, and I realised that the cost of continuing to be late was too much. Something shifted within me, and I made a *decision* that night. I started being on time, all the time, without stress. I learned to easily say "I have to go now". I learned to leave the phone if it rang just as I was due to walk out the door. I set up a pattern and planned to be early. When I needed it I used the emotional pain of that night, that mistake, and immediately received the discipline to carry out my new value. That was over 15 years ago, and I have had many demands on my time since then. I have had multiple responsibilities and conflicting business and family needs. But now my value of respecting my agreement with others has overruled any moment of indecision. If I am late, it is an odd, unusual experience that could not be planned. This change was and still continues to be a strength, because I had an immediate and complete shift in my beliefs and values and I *chose* to act differently.

### ***Beliefs are From the Past***

Beliefs are based on personal, *changeable* perceptions and are as unique as a fingerprint or a snowflake. Each of us puts together our interpretations of life and builds a supporting belief system to perceive and relate to the world. As your programming is laid down in your memory circuits they become automatic ways of being. Using only your beliefs to guide you through Life is like driving down the street and trying to steer the car using your rear-view mirror. Awareness of particular beliefs will become essential when you need to do things *differently* from the past.

A woman was talking to me about "The Secret" movie she had just watched. She thought it was great, and began to discuss it with me. She explained that she had been a practising Pagan (Wiccan) for over 30 years, and she started to compare The Secret teachings to her faith. Pagans believe in a connection with Mother Earth, and there are rituals and tenets helping and directing life. As she talked about what she believed and compared that to The Secret (the Law of Attraction) I found that we were having difficulty. Before we could have a useful and constructive conversation, I had to first help her to understand the difference between Universal Laws and beliefs. Once she saw the difference she felt free to learn about the teachings of Universal Laws and still hold to her personal and spiritual beliefs, without feeling that she had to choose between them.

Beliefs can be the hidden, unseen filters that hold you back. In your unconscious attachment to them you become stuck in a recurring creation of the past. If you would like to create something different for yourself, then it is essential that you open up your mind to new possibilities and continually challenge your current beliefs.

There was a time when I thought I knew how to make life work and how to be successful. When things stopped working it became apparent that I was missing something. My family life was very unhappy, my health and finances were going backwards and my marriage was stressed. I thought I was still doing all the same things. Yet I was missing some key wisdom, knowledge or information and it showed. It was a mystery to me and I began to study, understand and embrace the Natural Laws of the Universe.

When everything finally improved for me, this time I knew why. I was in the flow of Life, understanding and using the Universal Laws. If something stopped working, or I got off track or slowed down, I was able to review the basics about the Laws. Then I was free to review my current beliefs, *challenge them* and actively change my thinking and feeling, which then changed my behaviour, my results and therefore my world.

## ***Universal Laws***

### *Law of Attraction*

Energy vibrates at difference speeds, or frequencies; slower vibrations producing physical matter, faster vibrations producing thoughts, fastest vibrations existing in the frequencies of emotion and light.

One of the properties of energy is that each frequency attracts and tunes to all other energy waves of the same frequency (like a tuning fork). Therefore thoughts and emotions attract like energy. This is the primary Law of humanity.

### *Law of Rhythm*

Life unfolds in cycles; tides flow in and out, day follows night, things get worse and things get better. Go with the flow. Everything has its season.

### *Law of Gestation*

Every seed planted has its unique gestation period. Linear Time is a concept used by Man as a way of organizing activity and agreement. Patience and Faith assist in allowing the Universe to work out its perfect creation time.

### *Law of Relativity*

Everything just *is*, until related to something else. “Here” cannot exist without the reference point of “there”.

### *Law of Cause and Effect*

Every action has a reaction. You reap what you sow.

### *Law of Vacuum*

Nature seeks to fill a vacuum. By creating a vacuum you allow more to flow in.

*Law of Polarity*

Everything has an equal and *opposite*. There is no bad without good, no hot without cold, no dark without light, and no problem without a solution. Therefore the moment a desire is conceived in your heart, its counterpart, form, exists in the thinking formless substance ready to be born following the Law of Gestation.

*Law of Similarity*

As above, so below. As within, so without. Analogies are a powerful way of teaching because of the Law of Similarity. The way you observe life in one situation you can apply to others for a greater understanding of yourself within. You can use Nature to learn about yourself and your current obstacles to overcome and develop yourself.

*Law of Order*

You live in an orderly Universe, and by reflecting this principle you are working with the Universe to help you toward your Intentions.

*Law of Motion*

Nothing stands still; nothing stays the same. Life is in continual motion. Do not fret about current unwanted circumstances. Appreciate what you have. It is an illusion to try to hold on to things, for “even this shall pass”.

*Other Universal Laws exist which are available on [www.speedmanifesting.com](http://www.speedmanifesting.com)*

## ***Testimonials and Reviews about the SPEED Manifesting Method™***

Lori Mitchell underwent a transformation from leading a life of mediocrity, to living a charmed life exactly as she wanted it. In *Speed Manifesting*, she candidly shares how she did it, and more importantly, how you can too. Speaking from her heart, and without any ego, she shows you how you can create the life of your dreams. Read it and buckle up for massive and life-changing results.

**Dolf de Roos, author of the New York Times bestseller *Real Estate Riches***

*"Dear Lori,  
I'm fluent in 4 languages but can't find adequate words to thank you for your gift of yourself and your wisdom. It is the most valuable I've ever received. Thank you." Love, Hera*

"Speed Manifesting is a deeply personal look into the life of Lori and the Universal Laws she has discovered and applied. You will relate to the challenges Lori faced and learn from the principles she outlines to breakthrough to success."

Scott Groves, author of *The Power of Subconscious Goal Setting*

"I want to share the outcome of the Speed Manifestation study I have undertaken. I, like many of you, was in search of a method by which I could "tune in" to the Natural Laws of the Universe. After seeing the Secret and a reader of many philosophy books, I knew there were immutable Laws that governed the Universe. My search took me in fifty different directions. Not that any of them was in vain, but I was looking to the outside and the answer lies within, like I hadn't heard or read that a thousand times before but just did not "get it". What I did was to narrow my search to only a couple of authors, Proctor, Vitale, Haanel, Wattles and Mitchell. I am presently studying the Master Key System by Charles F. Haanel and using the *Speed Manifesting: 7 Steps to Abundance Now* by Lori Mitchell, to fine tune my search. Well, the results have been nothing short of miraculous. The remarkable similarities between Haanel and Mitchell's message were enough to set me on the right course. They put everything I was searching for in a simple and easy perspective. Now those books are almost one hundred years apart from each other, yet they coincide with one another perfectly. I found the answers I was searching for and they were a lot simpler than I ever imagined. I followed Mitchell's method to the letter now here's what happened.

My intention was to be able to say "I am so happy and grateful now that it is 15th August and I find happiness and harmony in all areas of my life and I have secured employment at [xxxxx] Software Inc.". It is August 10th and I am happy and feeling harmonious with all that surrounds me, I have a deep gratitude for things too numerous to list ( I make that long list every day, without fail) and as I am writing this I am in Denver Colorado training for my new position as Regional Sales Manager for [xxxxx] Software Inc.

I thank you Lori Mitchell for your coaching and direction and you are a part of my daily gratitude list.

May joy, abundance and wealth be yours,

Vinnie"

From Tricia, hairdresser. Her Intention was "I am happy and grateful now that it is 27th June and my family and I are living in style and comfort and everyone's needs are being met."

"Hi Lori, Great things have been happening and manifesting for me since we last spoke. A new client of mine followed me into a shop and asked if I had found the appropriate rental property to move to as we had a conversation about this when I cut her hair. She called me that night and her and her husband offered my mother, my young daughter and me their family homestead acreage property at a rental price we could afford. We went to see it and left to think about it as I felt that something wasn't quite right. By the end of the week they called me back and said they changed their mind, but would we consider renting their investment property. It is in a beautiful area of the city, more convenient and it is a large spacious house completely new inside, with dual living and a pool, and they would keep the grounds and pool for us and at the same rental price they offered before. This property is worth so much and it is exactly what I love as in style of home and God has again brought through me what I have asked for. We are all very excited and feel very blessed and grateful and rich in every way. We move in would you believe on Friday the 27th June."

**"Hi Lovely Lady, Thanks, have manifested an MYOB Accounting course and Diploma in Community Welfare course from it and it's a 2 year course I am fast tracking, so have been very busy (both for free). Thank you so much for starting this and I'm sure everyone agrees u are soooo inspiring." Keep up ur wonderful inspirations. Love Birgit x"**

*"BRAVO!!!! I am finding it hard to put your book down. I absolutely LOVE it!!!! ~Carol Matheson*

"I found this book amazing. It is easy to read and made me realize that I had control over my future. After doing the practical exercises, I am now noticing good changes in my life. Events have occurred, seemingly out of the blue, which are bringing me closer to my goals." ~Mark Rapson

*"Thanks Lori, things are certainly happening quickly for me. I am so happy you came into my life." SZ*

"Dear Lori thank you so so much! I wrote out an affirmation for a specific amount of \$\$ and by Friday (when I will be giving a massage) I will have the whole lot I asked for!!" Shanti

*"Hi Lori, I had a great night at your seminar and didn't really realise how much until about 24 hours later. I got heaps of new business ideas and a lot has changed in my life just from that. This could be one of my greatest tools this year. Thanks again." J Murphy*

*Lori thank you so much. There is definitely something BIG Awakening in me and since being involved in your wonderful group these last few weeks, my awakening is really really accelerating. Your speed manifesting book is an absolute treasure - I find as I am reading it and completing the exercises I am also manifesting a real life situation to apply what I have learnt also. My deepest gratitude for your wonderful work. Cheers Kath*

Hi Lori,

Thought I'd send you an update about my SPEED Manifesting. I received a phone call asking if I was interested in upgrading my car to a Holden Barina! My first thought was.. interesting...my intention was to manifest a red Mazda 6 but a white Holden Barina shows up??? OK so I thought to flow with this & go & have a look at the car, make some inquires & negotiate on a price etc...

Everything just fell into place & I pick the car up tomorrow! I've been doing the grateful dance for this & knowing that this is an upgrade to what I have & a stepping stone to manifest my new red Madza 6! WHOO HOO! ZOOM ZOOM ZOOM!" Connie F.



*You have the power to create your life, NOW.*

*And it is more simple than you can possibly imagine to apply that power and get results quickly. SPEED Manifesting™ is a process which follows Universal Laws. Once you understand and master 7 Steps plus one magical key you will be able to manifest your desires incredibly fast. This book is a step by step guide to creating, complete with exercises and assignments. You will be astounded, amazed and in awe of your own power to create consistent, fast results once you learn to apply these principles. This book will show you how to:*

- **Duplicate consistent success using Universal Laws**
- **Get rid of old, worn out beliefs and choose new ones, while going with the flow of life**
- **Keep building the joy in life without sacrificing anything as you increase abundance in all areas**
- **Give you the key to shift from manifesting and SPEED Manifesting™**
- **Turn around your health, your wealth and your freedom while experiencing fulfilling relationships**



### **About the Author**

With a successful career in the computer industry Lori Mitchell got caught up in chasing success and lost track of the true formula for wealth. She thought that hard work and knowledge had been the cause of her growing accomplishments as she worked in a competitive world. When all her strategies stopped working she began a journey. At first she only knew it as pain, frustration, discomfort and confusion, because it seemed that her life and finances were going backwards. Her search for a way to make life work went on for years. One day she found the way and she soon learned how to create and manifest quickly, and now you can too.

**SPEED Manifesting™** is based on years of research on prosperity, abundance and the Law of Attraction. It is a tried, tested and proven way to continually create the life of your dreams. It took the author from debts of over \$200,000 to being financially free and living in the place of her dreams, abundantly healthy with a deeply satisfying family life.

*Join the group of people starting a revolution by taking back their real power in Life.*

**[www.speedmanifesting.com](http://www.speedmanifesting.com)**

*Photograph by Tim Leyes, Toronto, Canada [www.timleyes.com](http://www.timleyes.com)*